FLORIDA EXTENSION ASSOCIATION OF FAMILY AND CONSUMER SCIENCES
QUARTERLY REPORT OF AGENTS ACCOMPLISHMENTS AND
PERSONAL INFORMATION

QUARTER: January through May

BREVARD COUNTY
Gayle Whitworth
- Home Maintenance 23 households served - requirement of county FTHB program
- Child Passenger Safety 45 child safety seats checked, 16 child safety seats distributed
- World's Greatest Baby Shower 204 moms attending, 500+ total attendance
- Jess Parrish Medical Foundation $2500 World's Greatest Baby Shower
- Attended JCEP & PILD as Pres-Elect of FEAFCS
- Attended Lifesaver's Conference in Austin, TX
- Received certification as Child Passenger Safety Instruction (Hooray!!!!!!)

CITRUS COUNTY
Katherine Allen/ Monica Bonsett
- Took HCEs on a trip to the Irradiation Plant in Mulberry, FL.
- Started a new series of classes "Lunchbag Learning" on the first Wed. of each month showcasing the expertise from each program area with hour-long programs
- Began monthly articles in "Building Solutions" magazine, a locally distributed publication.
- Held a Basic Home Repair class for 25 participants (tended to be widowed, older women.)
- Participated in Customer Satisfaction Survey for Gainesville
- Completed Jam/Jelly classes (3) held at the Canning Center.
- Monica received a $600 AHEC grant to supplement her Nutrition training at the Community Center
- Received $500 from SunTrust Bank to pay for transportation for field trips and $100 from Publix to buy snacks for the Reality Check Money Camp
- Presenting first ever "Reality Check Money Camp"
Hired new Horticulture Agent, Dr. Anthony Camerino, who worked as the Horticulture Mgr. for the Butterfly Rainforest Exhibit in Gainesville.
- Submitted an intern proposal for the first time.

Was asked to participate in Citrus County 20/20, a visioning process

LAKE COUNTY
Julie England
- County Employee Wellness Conducted to workshops for our new county wellness program
- World's Greates Baby Shower Participated in 4 including an all Spanish program.
Included 284 pregnant women
- Closing Your Florida Home- 2 programs 79 participants
- ID theft and Senior Fraud programs- 7 programs-167 participants
- My Pyramid - 4 programs, varied for audiences of seniors and vegetatians - 68 attended  
- On television in Hawthorne Senior Community twice - approx. 1100 viewers each time. First time ever on television!  
- Completed two courses in the Distance Master's Program in Extension Education. Only ten more to go!

**MARION COUNTY**

Nancy Gal

- MyPyramid for Youth: 125 7th grade science students - 90% increased knowledge regarding rec. consumption of whole grains and specific types and amounts of fruits and vegetables  
- Various Nutrition & Health Educational Programs:  
  Heart Health - Benefits of the DASH Diet: 133 adults (three groups); Portions versus Servings: 210 (five groups); Recipe Makeovers 64 (two groups); CVD and Diabetes 50 adults total, taught as an ongoing program with a local church health ministry

- Take Charge of Your Diabetes series was taught twice thus far this year. First program was January through April (12 hours of instruction for 25 people per class) and the other for County employess (6 hours for 6 employees) This program is specifically designed as an intense diabetes management program for adults with type 2 diabetes.

- Will be starting another Take Charge of Your Diabetes series in August that will be completed in February 2007. Marion County will be one of 17 counties working on this project. This program is in cooperation with Florida Dept of Health's Diabetes Prevention and Control Program and Dr. Linda Bobroff

- In the process of organizing a Diabetes Education program for youth with Type 2 Diabetes. Already providing nutrition instruction to overweight Health Dept clients in cooperation with the pediatric clinic.

- Ongoing: Serv Safe Monthly Classes, Marion County Senior Services Dining sites (5/month), Three Taking Off Pounds Sensibly Groups (bi-monthly), and working with Norma Samuel, 4-H Agent on several Food Safety, Health and Nutrition Workshops. Next Scheduled program is last week of May. This workshop will combine horticulture, nutrition and small animals.

- Blood Glucose Monitors (25 units) $1750.00 Diabetes Program

**ORANGE COUNTY**

Mary Sue Kennington

- Participated as FCS team member to develop, promote and teach Solutions for Your Life Educational Series

- Participated in office collaborative program, Today’s Youth Tomorrow’s Leaders Conference, delivered to at-risk elementary students.

- Wrote 2006 2nd edition Family update newsletter, participated in the Rollin’s College Student Health Fair, Served as Guest speaker for a two segment program taping of an Orange County public access station
- Guest speaker for employees of Children Home Society on the topic of Stress Management
- Served as Action Team member to update/rewrite Teening Up Curriculum; co-authored chapter 5 on anger.
- Served as Living Well SubCommittee member for NEAFCS External Marketing Committee
- Worked with HCE Association providing trainings and served as Co-Chair of the 2006 District II& III HCE Camp (64 attendees)
- Responsible for coordinating with LSU to offer a telephone conference on disaster recovery from the experience of the LSU Cooperative Extension Service. Conference is set for May 30, 2006
- One of two winners for the FEAFCS Continued Excellence Award
- Teen Force Academy received Community Partnership Award

Cyndy V. Mondelus
- Completed Phase 1 of Orange County Healthy Kids Partnership Fitness and Nutrition Club
- Will be participating in the Take Charge of your Diabetes workshop training
- Completed 4 Hurricane Preparedness workshops in collaboration with Department of Health (30-70 people per workshop, mainly seniors)
- Served on planning committee and invited as guest speaker to FDA centennial celebration
- Participated in Headstart Nutrition Health Fair, approximately 700 preschoolers
- Taped two program segments for Orange Public Access Television
- Manned booth at the Central Florida Fair for the Central Florida Food Safety Partnership
- Invited to two summits hosted by Orange County’s Mayor, Avian Flu Summit and Workforce Housing summit.
- Enrolled in Food Manager Training and Certification Program
- Received approx. $400 in donation to buy food for Fitness and Nutrition club and bagged groceries for participating parents
- Excelling with my guitar lessons, please no requests

OSCEOLA COUNTY
Mary Beth R. Salisbury/ Joy Borgman
- Received notification of receipt of the Grand Image Award for 2005 from UF/IFAS for the Extension House and Family Farm.
- Recipient of a Gold Award for the exhibit used during our local fairs. The Extension House and Family Farm: is a hands on approach to Extension education that is can be changed to fit the needs of the event and audience.
- Recipient of another Gold Award for the Farm City Days Insert that is distributed through the local paper to highlight the events and activities of Farm City Days.
We had a highly successful fair which involved all faculty members and office staff.

Joy has completed paperwork and testing to offer ServeSafe in Osceola County.
Joy has transferred from a 100% 4-H position to 50% FCS and 50% 4-H.

- Grand Image Award $1,000 Farm City Days
- CFF Grand Champion County Exhibit $1,000 Farm City Days
- Inkind funding from the Osceola County Fair $23,107 4-H Youth/Clubs

Operation of food booths during fair $9,636 4-H Scholarships
- Donation of Orchids at $5.50 sold at $12.00 $1,667 4-H Scholarships
- Help us welcome Lyndsey Lorant who is the fourth granddaughter of Joy and Gary Borgman.

PASCO COUNTY
Betsy Crisp
- 1/5, 2/2, 3/2, 4/6, & 5/4 – Staffed “Creation Station” reuse center at district school board with HCE volunteers, Land O’ Lakes – approx. 70 to 100 attend each month
- 1/23 – 9th Annual Kumquat Recipe Contest, Dade City – 43 entries (19 youth + 24 adults)
- 1/26 – Sponsored Roger Swain (celebrity – Victor Garden, PBS) seminar with Master Gardener volunteers as part of the Kumquat Festival and CARES fundraiser, Dade City – approx. 150 attended (40,000 to 50,000 attend the annual festival on the last Saturday of January)
- 2/1 – FCS/4-H Trash-to-Treasure Contest, Dade City – 39 entries
- 2/20-26 – Pasco County Fair, Dade City – approx. 39,000 attended
- 3/15, 4/19 & 27 – “Customer Service and the Difficult Guest” (5 classes for Pasco County employees (200 attended)
- 3/29 & 5/3 “My Favorite Older Person” Essay Contest judge for Area Agency on Aging & School Board (39 entries) and Awards Program
- 4/5, 4/8, & 4/12 – “Medicare Part D” (2 classes so far with 35 total, 2 more scheduled this week)
- 4/24 – “My Pyramid.gov” for TOPS (40 attended)
- Grant – Pasco County Utilities - $10,000/year, ongoing for past 6 years – Water Conservation Education
- In-Kind – Dade City Chamber of Commerce and local businesses – $500/year, ongoing for past 9 years to support the annual Kumquat Festival Recipe Contest; $250 in cheese from Cabot Creamery; and $200 in personal donations for Roger Swain event
- In-Kind – Keep Pasco Beautiful - $100 matching funds to support annual Trash-to-Treasure contest (since 1998) and $200 in recycling hard-back books from Pasco County Utilities.
- FAFCS $250 mini-grant for Customer Service video “The Difficult Guest”
- NCOA “My Medicare Matters” grant (approx. $6,000) laptops, printers, air cards and another $10,000 from AARP for bilingual OPS program assistant position to counsel Hispanics in Pasco/Hillsborough.
- NEAFCS DSA Award
- FAFCS 25 Year Membership Award
- IFAS Image Award – Gold (team) for 1st Annual Ag Tour
- No longer acting CED – B.J. Jarvis came on board as CED/Horticulture Agent on 4/3/06 ☺
- Son, Michael (19), made the Dean’s list his first two semesters at UCF. Daughter, Megan (23), completed her thesis and graduated from UCF - Burnett Honors this month with two degrees Psychology & Sociology. She will be moving to Boston to attend grad school.

SEMINOLE COUNTY
Barbara Hughes
- Gator Day in Tallahassee - Impact. This process taught me professionally how to be more political. It taught our Volunteers & 4-H Members that our Democratic Process can work and the importance of citizen involvement. We gave good representation for IFAS. We had 27 volunteers/youth go on this trip.
- Work w/SGTV. - Impact. More people are aware of our Extension office and services it provides through the videoing of the 4-H/Tropicana Public Speaking County Contest. Also did a 30 minute summer program on what to look for when buying sun-glasses, sun tan lotions, & food safety/grilling. Most info. I got out of our Consumer Choices materials.
- Chair the IFAS IPAT (International Program Advisory Team). We have a new Director of International Programs coming on Board this summer - Dr. David Sammons. Impact: He understands Extension and wants to involve Extension as well as the Teaching & Research side of IFAS in international programming. If you are interested in an "international experience" and have never gone to a foreign country - look for the travel grants that come out twice a year. If you need help, don't hesitate to call me.
- Gave presentation to two District FCS Meetings. Impact: If you want me to give a program on Rotary's program for immunizing kids against polio in India - I'm there!
- Donations - CFF gave tickets to give out as well as sponsoring the Consumer Choices Contest - these monies were given as a combined result of 4-H & FCS Agents in Volusia, Osceola, Orange, & Seminole County. $5,000 +
- My son, Joey was married on March 21 in the Bahama's.
- OF COURSE I went! :-)

Rita Law-McCumber
- Healthy Kids Partnership - Completed third phase of program with 20 kids creating a "Healthy Lifestyles" fractured fairy tales puppet show under guidance of Michelee Puppets.
- Food Manager Trainings - 3 classes - 24 participants
- 4-H Teen Club created Central Florida Fair Booth
- FEAFCS Nominating Committee Chair
- Submitted Tenure & Promotion Packet
- Planning Food Safety Trip to Thailand in July-August 2006
- 4-H Teen Club booth $300.00 Clover Kids projects
- FEAFCS Healthy Lifestyles Grant $500.00 If national winner Packet going to regional level
- Helped daughter and family move from Largo to East New Port Richey.
- Son graduated from Seminole Community College and will be attending University of Central Florida.
- Another son improved his diet and lifestyle enough to be taken off Zocor.

**VOLUSIA COUNTY**

Kathleen Bryant
- Conducted 4 First-Time homebuyer education classes 73 completed
- Conducted 2 Homeowner Maintence classes 15 completed
- Presented 9 Education programs to community groups 101 in attendance
- Baby Sitting Clinic and Etiquette Accadmy 35 youths